My Trip to
Omaha Children’s
Museum

Social Story
• We are going to visit Omaha Children’s Museum!
• There will be many fun things for me to see, hear and touch as I play and learn.
• These are the front doors of the museum.
This is the front lobby. It can be loud sometimes, but I know it is because kids are excited like me.
• We need to check in at the front desk. I will try to keep my body calm and stay near my adult.
• I will get a sticker like this to wear on my shirt so the staff will know we checked in. It might be a different color because there is a different color for each day. All the colors are fun to wear.
• I can check out a sensory-friendly bag at the front desk. I can use any of the items inside to help me enjoy all activities at the museum. We will turn the bag back in before we leave.
• The museum staff wear blue shirts or grey jackets like this. If I have a question or need help, I can ask one of the staff.
There may be other children playing with the things I want to try. That is okay. I can wait until they are done to take my turn or ask them if I can play next to them.
• Other kids may also bump into me on accident. That is also okay. I am able to say, “excuse me” and continue playing.
There may also be noises that surprise me, like announcements over the intercom. These are important because they tell me about exciting shows.
• When I want to move to a new area, I will tell my adult so we can go together.

• To go upstairs, I can use the elevator.
• I can also walk up the stairs.
• The stairs are big and blue. They also make noises on each step. I can find out what noises they make on each step.
• The Omaha Children’s Museum is a fun place to visit, but there are often many things going on at once.

• If I get overwhelmed, I can:
  • Go to the Family Discovery Room. The lights are not as bright, it is quieter, and I can relax there.
  • Or Use one of the tools in the Sensory-Friendly Bag.